



Activity Levels

Group travel often requires a unique blend of adventuresome spirit, physical and mental alertness, and a capacity for accepting situations as they arise. AAA Group Travel understands that different people have different preferences when it comes to the pace of their travel experiences; therefore, we have developed group tours with a variety of activity levels to choose from. AAA Group Travel activity levels are designed to help travelers select the pace that is right for them. Please refer to the tour description or consult with your AAA Travel Advisor for specific group tour activity level information.

AAA Group Travel endeavors to accommodate special access needs, but cannot guarantee we will be able to do so. Certain itineraries may be inaccessible or not suitable for travelers with limited mobility. AAA Group Travel Tour Hosts are responsible for all travelers and tour components of a group tour. AAA Group Travel Tour Hosts, AAA employees, motorcoach drivers, and vendor employees are unable to function as a companion for solo travelers needing assistance with mobility (including assisting with boarding/disembarking from a motorcoach). AAA Group Travel requests that travelers report any mobility needs in advance of booking in order for us to evaluate the feasibility of a particular tour. Travelers needing assistance are required to travel with a

companion who is willing and able to provide services or assistance to the traveler for the entirety of the trip, at the traveler's own expense. The failure to report any needs in advance of a group tour or arrival at a departure without a companion if needed, may result in the inability to provide services and/or cancellation without refund, at AAA Group Travel's sole discretion. AAA Group Travel and its Travel Advisors are available to discuss other touring options if a certain Group Tour and its Activity Level do not suit your needs in the planning stages.

The AAA Group Travel Activity Levels are progressive in nature.

ACTIVITY LEVEL 1 / RELAXED: leisurely pace; shorter touring days; some physical activity required including independently boarding/disembarking motorcoach and managing one's own baggage.

ACTIVITY LEVEL 2 / COMFORTABLE: easy pace; some stairs and standing; short duration walks typically on level terrains.

ACTIVITY LEVEL 3 / ACTIVE: moderate pace; good mobility needed; stairs and prolonged standing for more than 2 hours at a time; some longer days involving early mornings and/or late evenings;

some walking on varied terrain. This Activity Level is not recommended for travelers with mobility issues such as someone who uses a cane, walker, or wheelchair.

ACTIVITY LEVEL 4 / CHALLENGING: fast pace; frequent physically challenging activities; walking on varied terrain and/or up to two miles at a time; longer tour days. This Activity Level is not recommended for travelers with serious medical conditions.

ACTIVITY LEVEL 5 / STRENUOUS: vigorous pace; frequent strenuous activities; extensive walking; longer tour days; walking on varied terrain.

